



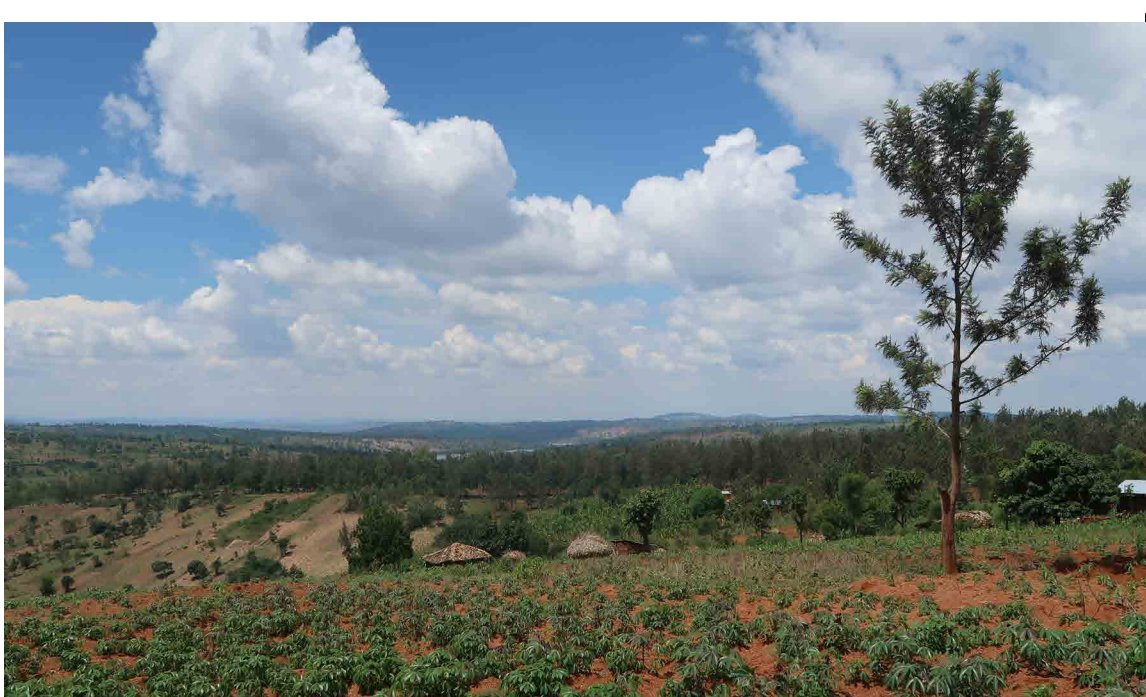
FH SWITZERLAND
FOOD FOR THE HUNGRY



From scarcity to abundance.

Testimony of a family in Burundi.

NEWSLETTER - FALL 2023



Burundi

The majority of Burundi's population lives from farming and the raising of livestock. This small country has over 12 million inhabitants. **The provinces of Kayanza, Ngozi and Kirundo in the north are the most densely populated and also the most affected by climate change.** Burundi's human development index is one of the lowest in the world.

It is in this region that we have been working with farmers since 2007 with our local partner, FH Burundi, to improve food security.

Through our agricultural projects, experience has shown that it is possible to sustainably increase production using agro-ecological practices.

How one family's transformation impacts the neighbourhood

The story of Reverien's family (opposite) is a good illustration of the transformation experienced by a farming family thanks to agricultural training and support. **It is not just the day-to-day life of one family that has been transformed, but everyone around them has benefited from a better situation.** Reverien has motivated many people around him. A few years ago, he was unable to produce enough to feed his family, but today he trains other farmers to help them improve their production.

Today, he says: "I feel confident and I've discovered the meaning of my life. I want to train as many farming families as possible, so that they no longer have to fight hunger."

*Reverien with his wife Joselyne and two of their children.
Seed selection with other trained farmers.
Reverien's seed stock.*



"Our crop yields increased rapidly."

"My agricultural production was very low. We are a family with 6 children and we didn't have enough to eat. **By taking part in FH training courses, I discovered agro-ecological practices. The yield of our family crops quickly increased.** As I was highly motivated and curious to learn more about how to improve the way we farm, I became a farmer-trainer. Since then, I've been passing on my new knowledge to a dozen other farmers, so that they too can improve their situation. **With the support of FH Burundi, I have also learned to produce my own seeds. I was accredited by the national seed certification body and am now an official seed supplier to the community.**

Today, I produce 4,000 kg of beans and 6,000 kg of maize per season. This means 8,000 kg of bean seed and 12,000 kg of maize seed per year. With the sale of seeds, my income has increased significantly. I was able to buy 3 cows. I've also been able to extend my land. **I provide work for 15 people during the farming season. I continue to train other farmers in agroecology and farming. That's where I find my motivation."**



Your gift transforms lives.

The farming families we support are motivated and committed, because they know that our support can transform their lives. Together with you, we can continue our work. Thank you for your support.



With 30 francs,

for example, you help the family of a beneficiary by providing them with agricultural seeds (beans, corn and cassava).



With 60 francs,

you allow us, for example, to offer 2 small animals (goats or pigs) to a family so they will be able to start a small farm.




With 120 francs,

for example, you are financing training in agroecological practices for 8 women. They will learn how to increase crop production.


You can make your donation:

- by e-banking **IBAN CH81 0900 0000 2356 0722 6**
- on our website **fh-switzerland.org** with PostFinance
- by **Twint** below
- with a **payment slip** (if you need one, please contact us at 022 755 35 75 or send us an e-mail at info@fhsuisse.org).

**Pay now with
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 Confirm amount and payment



Thank you so much for your support.

